Prices from Adult Child						
April 2024		Adult	Discount Scheme	Child	Discount Scheme	
Swimming	Pay as you go Family swim 1 adult 1 child Family swim add adult Family swim add child Aqua Fit Women Only Swim Lesson Parent and Toddler Children's swimming lessons 1 to 1 swimming lessons 2 to 1 swimming lessons	£24.00 for		£3.70 £2.50 ons 3 block of 4 05 block of 4		
Gym	Pay as you go Gym Pay as you go Gym and Swim No Joining fee. Induction Free	£6.25 £8.00	£4.80 £6.00	£3.70 £6.80	£2.75 £5.25	
Membership	Monthly Direct Debits Value Monthly Gym and Pool 12 months Value Monthly Gym OR Pool 12 months Flexible Monthly Gym and Pool Flexible Monthly Gym OR Pool All memberships exclude teacher-led swim or gym classes.	£22.00 £17.00 £26.00 £22.00	VALUE MONTHLY: 12 month fixed contract offering unlimited access to the gym and unlimited access to the pool during all non-instructed sessions. FLEXIBLE MONTHLY: Rolling monthly contract, no tie in. Access to both the gym and pool during all public sessions during our usual opening times.			
Pay upfront	Monthly gym OR pool £26.00 Monthly gym and pool £31.50 Annual gym OR pool £190.0 Annual gym and pool £250.0 Child Monthly Memberships*: M	3-Moi 00 6-Mo 00 6-Mo Monthly Gyn	3-Month gym OR pool£75.003-Month gym and pool£90.006-Month gym OR pool£140.006-Month gym and pool£160.00hly Gym AND Pool: £15.00£15.00chly Gym OR Pool : £10.00£10.00			

 $^{\ast}$  10% off all products for NHS and all emergency services and students

\* Child Monthly for under 16s. Must be accompanied by paying adult and supervised in the gym at all times