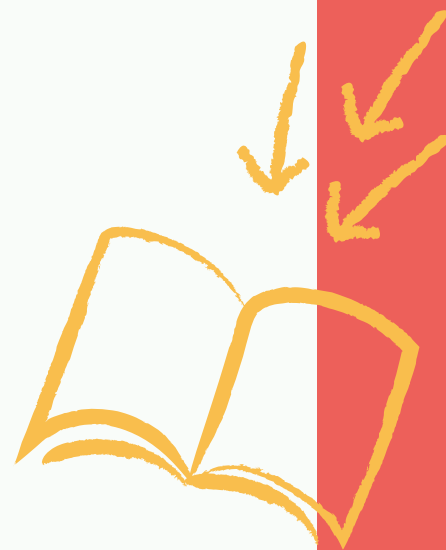


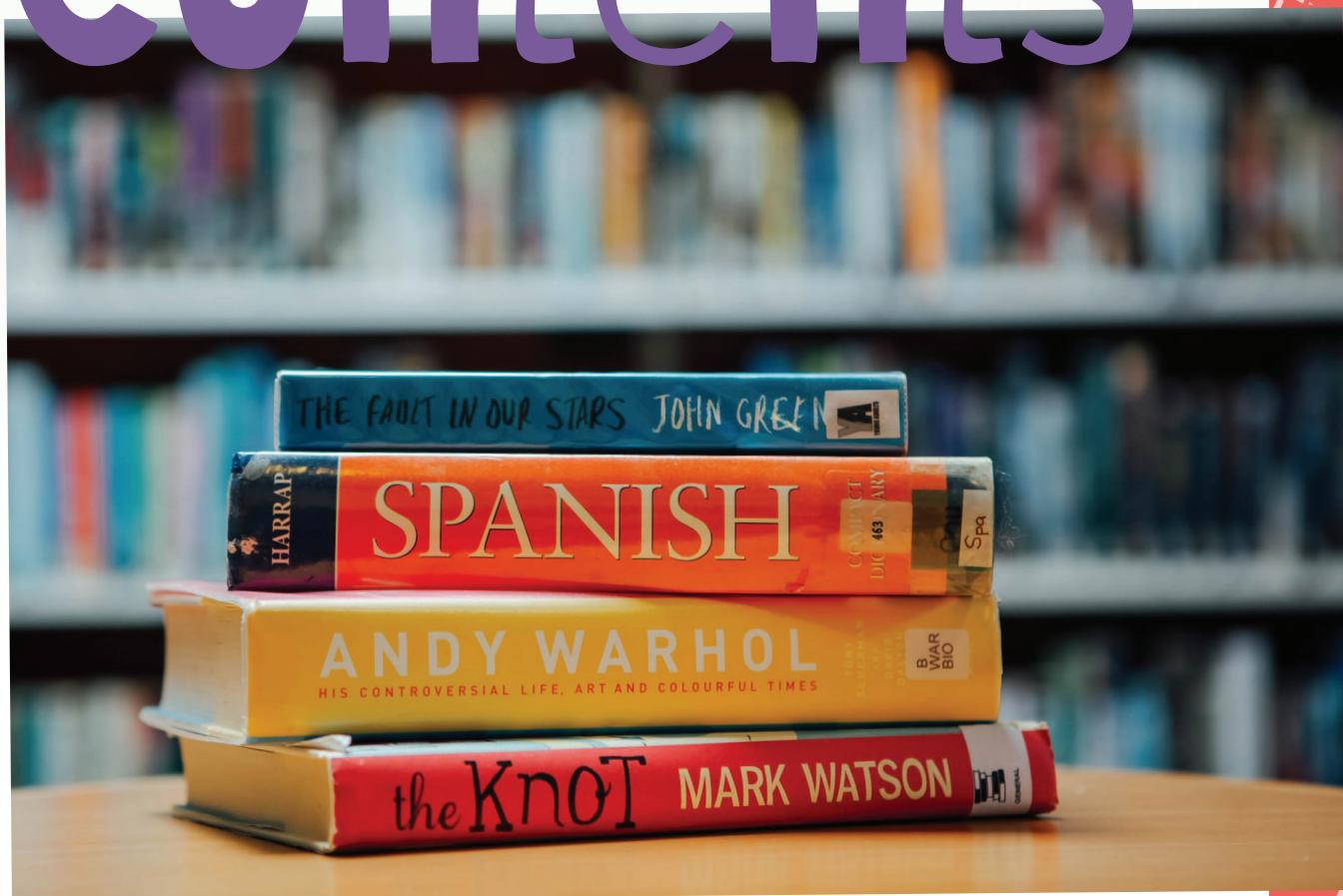
21 years building **COMMUNITY** IN SHEFFIELD



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Message from the Chief Executive.

Giving the community in Sheffield some Zest for life.

Zest was founded in 1998, by a group of local residents who wanted to have a genuine voice and influence on how the inner-city area of Sheffield was being developed. Their ambition was set against a backdrop of considerable social upheaval stemming from Sheffield's industrial decline during the 1980s. The availability of European Urban funding was very much a key catalyst in establishing Zest as an independent community-led forum.

This was the birth of a pioneering 'top-down meets bottom-up approach'. Against a backdrop of mainstream opposition, Zest's leadership, with gritty determination, secured a £15m area-based regeneration programme only two years after being established.

This approach was underpinned by local partnership structures that gave power to the community. A genuine devolution of power, driven from the ground up. It was this approach that first sparked my interest, my first volunteering opportunity, and ultimately the first step on my journey with Zest.

21 years on from formation, with the Zest Centre sitting at the very heart of our offer, Zest has become a pivotal community anchor. Driven by a skillful and passionate board of trustees, employing 68 contracted staff and supported by over 100 dedicated volunteers each year, Zest is delivering a wide range of inclusive community services both in the heart of our community and across the city.

I continue to be moved and inspired by the commitment of our staff and volunteers in supporting people to feel happier, healthier and in control of their own lives.

Thank you to the many members, trustees, staff, volunteers, clients and partners that have played a vital part in the Zest journey over the last 21 years.

We approach the future focused on engaging and listening to local voices, on promoting our shared values, and working to retain and build that vital sense of community.

Matt Dean,
Chief Executive



Delivering



Our Vision:

To enable everyone
in our communities
to lead healthy and
successful lives



Zest...

Our Mission:

①

To provide a **healthy living centre** delivering responsive services to tackle local inequalities.

2

To **foster communities** where everyone feels welcomed, valued and can fully participate.

3.

To play an active role in **supporting other disadvantaged communities** in Sheffield.



2019 Highlights



SECURING
The ISO9001 Quality Management
Systems Standard



ACHIEVING
The Matrix Information,
Advice & Guidance Standard

775
INDIVIDUALS

Supported to improve
their health and wellbeing.

£30K
INVESTMENT

Secured from Veolia
Landfill Trust to improve
centre accessibility and
changing facilities.



£1.5M
5-YEAR CONTRACT

To deliver the Sheffield
Adult & Family Weight
Management Service.

£120K
RAISED!

Sale of Upperthorpe Road
premises will release
capital investment for the
Zest Centre

86%

Of children and their
families accessing
support were from a BME
background.

Transformed Mental
Health Services. **£100k**
CCG funding secured,
working with GPs to
meet local needs.

**Community hub in
community hands.**

Long leasehold
secured for our
Shipton Street base.

We held a customer focus group in April 2019 asking our Zest Learn & Work clients to provide open and honest feedback. It was lovely to receive so much positive feedback...



"It made me feel like a bird being released when I came to Zest"

Karen Whittikar

"The first time I attended Zest I was petrified. I don't know why as all the staff were attentive and lovely. They put me at ease and have helped me build my confidence. I can't praise Zest enough; the staff actually **care.**"

"It has built my confidence and reduced my anxiety. People here are always happy and supportive. Everyone is very friendly – I wouldn't come if that wasn't the case."

"Zest are a people organisation".

"Zest is the best, they understand what I need. I see them as being professional, I am always made to feel welcome - they are very supportive and dedicated. **Their commitment is outstanding.**"

"Being part of the Zest community is the **best thing I have done**; it's about being wanted and supported. My daughter has said how much I have changed and even my grandchildren see a difference in me."

Celebrating 21 years building community in Sheffield.

The will and actions of people in this community led to the development of the Netherthorpe & Upperthorpe Community Alliance in 1998. This area faced significant challenges borne out of industrial decline – and still does. Local people wanted to tackle these challenges head on, address the inequalities they lead to, and shape the future of the community.

21 years on, after a decade of austerity, Upperthorpe, Netherthorpe and Langsett still face the challenges of deprivation, exclusion, poor health and youth exploitation. The diversity of our neighbourhoods means some residents experience specific challenges based on language, culture and social isolation.

But whilst we know there are issues, it is essential to look beyond the bad press and stereotypes – we know they don't tell the true story. We must celebrate the richness of our diverse population, build on local pride, and utilise the skills, creativity, energy, knowledge and experience of everyone who lives and works here. This is the Zest community mission.

Zest provides services and support for the local community, but it is much more than that. We are born from and deliver for the community. We listen, bring people together, build confidence and trust, find solutions and create opportunities for people to improve their lives. This work, in partnership with local people / groups and partner organisations across Sheffield, is more important today than ever.

Zest will continue its mission to improve lives and to develop a community where people feel proud of where they live.

We look forward to working with you.

Tom Hunt,
Chair





Successes

"The community successfully bidding for and managing SRB Regeneration funding, independently and not through Council, a first of its kind...We were trailblazers and luckily had the support of Yorkshire Forward and Government Office at the time...We set the scene for abolishing the SRB Board and replacing it with a community-led, strategic board for the residents."

Laura Moynahan,
Former Trustee and CEO

Reflections

"When I first worked here I had a little office on the first floor, above the library. In many ways, it was a lonely place to work; the rest of the first floor was largely empty space and for much of the week the whole building was closed. However, this area had seen millions of pounds of SRB1 regeneration funding spent, mostly on housing. But this was a building in decline; a sad reminder that we seemed to place so little value on access to learning, health and community support. Today I am so proud to see what the Zest Centre has grown into - a real community hub joining up people, services and activities. It's come a long way in 21 years!"

Janet Skirrow,
Former CEO and our very first employee!

"Running Christmas events each year, as a staff team decorating the old community hall as Santa's Grotto, ready for Santa to make his appearance on the big day. One particularly fond memory of old staff members Phil Heighway and Laura Crutchley dressing up as the Elves to assist Santa."

Kathryn Mudge,
Trustee and former employee

"After hours of hard work from volunteers, parents and staff, Zest produced two local football teams Upperthorpe United FC, who successfully competed in the Sheffield & Hallamshire League. The teams ran for numerous seasons, with one going on to gain promotion and contest a cup final."

Kathryn Mudge,
Trustee and former employee

"I have built lifelong friendships with the people I have worked with over the years. A value cannot be put on the work that Zest does helping those isolated have better and healthier lives."

Lynsey Golland,
Zest Work & Learn Service Manager



The first 21 y

1995

It's coming down!

Kelvin flats 'the streets in the sky' are demolished.



1994 - 2001

£38 million allocated for a large scale 'top down' housing led regeneration programme but services for the community side stepped for investment.

1997

Sssshhh!



SCC community pilot project based in the upstairs of Upperthorpe Library.

2001

Power to the people!



Laura and Janet write SRB 6 bid and delivery plan on her kitchen table...

£6.78m of SRB and European funding secured by and for the community, for a five-year regeneration programme.

The Healthy Living Centre Trust is formed to save and secure the future of Upperthorpe Library and Public Baths and £1m lottery funding secured to contribute to the capital refurbishment

1998

There's no such thing as community. Oh yes, there is!

EU Urban Initiative and with it the need for community accountability NUCA formed as a charity & legal entity and employ its first member of staff.

1999

Back to school!

NUCA employ three new development workers and a move to a bigger premises at the former Crookesmoor Junior School.

2000

A Christmas fairy?

A move to new shop front premises and the first Christmas grotto in 54-56 Upperthorpe Road. The first of many community events... carnivals, bonfires, and festive fun days.

2004



The Upperthorpe Healthy Living Centre opens to the public seven days a week!



years.

2007 

New Caretakers!

Renovation of the Caretakers Lodge within the HLC complex and becomes an asset and staff base for NUCA.

2008

A Zest for life!

NU Community Alliance Become Zest...a new vibrant brand to reflect our evolving service offer and entry into the world of tenders and contracts!

 2010

The roof leaks!

£500k secured from the Govt. Social Enterprise Investment Fund to pay for a new pool roof!

2006 

End of an Era!

Regeneration Programme ends with a glowing report:

"The involvement of local people from beginning to end was the fundamental ingredient to the success of the Programme."

"NUCA should be used as a role model and case study exemplar for regeneration elsewhere in Sheffield, the region and other similar areas across the country."

Atkins Independent Evaluation Report

2014

Can I help you?

Volunteers arise...Library saved from closure and transferred to community management and volunteers playing an increasing role in supporting delivery.

Count the pennies!

Austerity, public funding cuts, cuts, cuts.

2015

Women only gym opens as we continue to respond to the needs of the community.

2016

Launch of the Pay As You Feel Citrus Café. The Heart of the centre.

2018

Shutting up shop!

54-56 Upperthorpe Road sold to raise capital funding for the Zest Centre.

2019

Just step on the scales, please...

Health services grow with the launch of Live Lighter Sheffield; social prescribing and Zest working hand in hand with local GPs.

We got the keys!

The leasehold finally secured for Shipton Street, our Youth, Learning & Work hub.





Helping the community to learn and work.

“Zest do an amazing job not only by helping their clients find work but supporting them in the workplace. They are really changing people’s lives for the better.” *Sara Jama*

Employment is a primary determinant of health, impacting directly and indirectly on the individual, their family and community. Unemployment is associated with an increased risk of illness and early death. Whether we are in or out of work and for how long, as well as the type of work we do, can have a significant impact on our mental health, leading to increased feelings of lack of control, insecurity, anxiety and social isolation.

Our experienced and knowledgeable staff provide Matrix accredited Information Advice and Guidance, helping the local community into employment and volunteering roles. Often dealing with a range of complex personal and health issues we work in collaboration with other local organisations to empower individuals to access employment, learning and voluntary opportunities.



“One of the most important things we can do for our health is to have a job”.

In 2019, the Zest Learning and Work teams helped:

67 people to obtain paid employment

314 people to access training

94% of participants to pass their course

11 people to volunteer and gain experience with support services

Significantly, 76% of people supported were from the BME community.



Karen's Story:

Karen had not been out of the house in over 12 years since losing her job. She lacked confidence, suffered from depression and felt like her age was against her. Karen wasn't sure where to start with thinking about returning to work. She didn't know what she wanted to do and wasn't ready to start looking either.

Following a referral from Jobcentre Plus, one-to-one support was provided by a Zest Work and Wellbeing Coach. This resulted in an action plan, an updated CV, how to write job applications and help with preparing for interviews. Support to access training helped Karen with her confidence and skills. A voluntary placement was also provided to gain recent experience and a reference.

As a result, Karen is now in full time paid employment, with the NHS, working as a Clerical worker on a permanent contract.

Comments from Karen:

"My coach put me at ease as I was so nervous, she told me that I wouldn't have to do anything I didn't want to do. I did some courses and volunteered to do admin tasks. I now have a completely different mind-set I feel like a different person. I am so grateful for the help and support that I've received from Zest and their relaxed approach made everything a lot easier."

"Zest introduced me back into the community; I went from being in the house all the time to getting excited to leave the house and have made some friends for life in the process."

"They helped me get a new lease of life and it was a pleasure to be involved. Without their help and understanding I believe I would still feel alone and isolated. To celebrate my new job, I treated myself to a theatre ticket to watch Swan Lake to which normally I wouldn't have been able to afford to do, let alone dare."



Prabha Krishnan's Story:

I don't remember the day I came to Zest for the first time but what I vividly remember is a deep feeling of desperation and darkness with no sense of direction. A lovely friend from Sheffield University who was doing her placement at Zest told me about the Women's Wellbeing course that I could attend for free. That began my journey at Zest and a new chapter in my life...

It was during the Women's Wellbeing course that Richard talked about an upcoming Psychology enabling course. He proved to be one of the most creative and impactful teachers that I had ever met.

This course rekindled in me the passion towards counselling that had been dormant because life got in the way. I then got an opportunity to be involved with the Zest Empowering Parents Empowering Communities programme. I trained to be a Parenting Coach and conducted a group myself. I also started a Level 2 in Helping Skills at City College Sheffield and continued to do my Level 3 in Counselling Skills and Theory. As of today, I have accepted an offer to do my PG Diploma in Counselling and Psychotherapy and already have a volunteering job where I will continue to do my counselling placement. I will be a BACP accredited practitioner in two years.

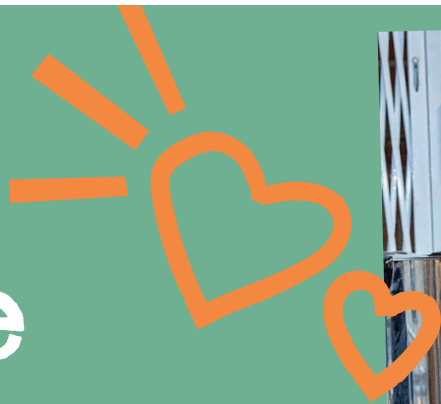
A long-standing dream to be a counsellor that was parked aside for decades could not have seen the light of the day, if not for Zest.

Looking ahead.

Beyond 2019, Zest has exciting plans to build on our broad range of practical programmes to enable all members of our community to build their work and life skills. These include an expanded Functional Skills programme, a new Mental Health course and opening exciting new employment pathways with our local businesses. All while importantly retaining our personalised approach and developing our volunteers so we can continue to deliver the best support and advice.



Helping the community to keep healthy and well.



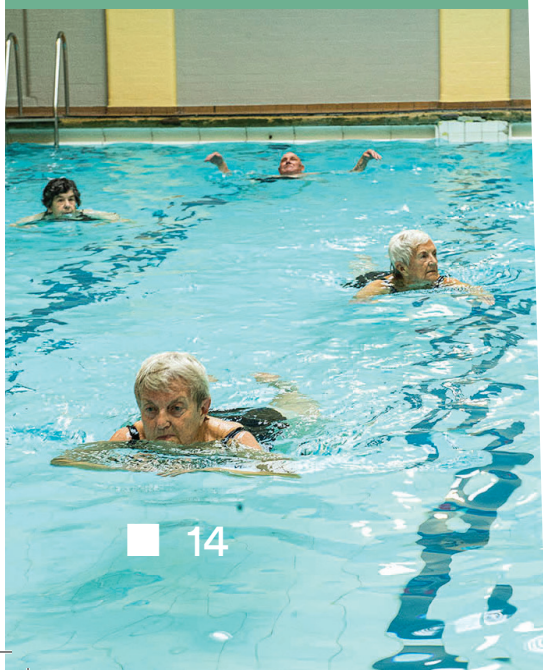
We live in a city with significant disparities in healthy life expectancy, driven by a range of known factors, which mean that people living in the local neighbourhoods of Netherthorpe and Langsett, on the whole, have reduced opportunities to live well.

This drives our aim to ensure everyone in our community can access support to help them live a happy, healthy life. We provide person centred services and support rooted in place, giving people not only the opportunity to access a range of personalised support to get them back on track, but to develop relationships and provide a space where people feel like they belong.

The Zest Health Team delivers a range of health-related training courses such as Women's Wellbeing, Family Health and Living Well courses. These work in collaboration with the NHS and are designed to overcome many

of the barriers that our community incur accessing traditional healthcare.

Social activities range from walking groups, over 50s social dining, craft and sewing groups and women-only conversation classes all designed to benefit the individual communities physical and mental wellbeing. These sessions provide people with an opportunity to meet new people, socialise, learn new skills, be more active and connect to the wider community. People attending these groups have described them as being 'like a family' and 'something to get out for'.



In 2019 Zest Health teams helped:

775 individuals supported to improve their health and wellbeing

90 people to receive 1:1 healthy lifestyle programmes

454 people to be referred from GP's and Health Professionals to the Zest Social Prescribing service

84 84 local people recruited as 'cancer Champions' volunteers

275 people to attend Zest groups and activities

230 people to have personalised health checks carried out by the Zest Health team

1000+ people to benefit from the Zest small health grant programme: from keeping fit classes to carer day trips



Diabetes Type II Support

In Sheffield, there is an increase of approximately 700 new patients diagnosed with diabetes each year with the largest proportion being in the 40–64 age category. Prevalence is up to six times higher among UK's BME populations. Lifestyle changes for people living with Type 2 Diabetes help to both control the symptoms of diabetes and prevent other co-morbidities developing.

Keen to set a proactive approach, the Zest Health team this year trialed a new workshop on Type 2 Diabetes. We worked with Upperthorpe Medical Centre to promote the course to their diabetic patients. With a total of 22 people attending, the programme was deemed a great success. Plans going forward include working with local GP practices to identify patients who are diabetic and also experiencing a mental health condition.

Both 1:1 and group-based support will be put in place for these patients across the area.

100% of participants reported increased knowledge and confidence around Type 2 Diabetes and would recommend the workshop to a friend.

BME Women's Group

The female BME community especially suffers from access to the correct health support in Sheffield due to the additional language and religious barriers. Zest Health Teams have continued to support this sector of our community. In 2019 more than 50 older BME women have benefited from our BME focused Older People's project. They meet regularly and take part in activities and courses.

- 22 women tried a new physical activity such as Badminton or Tai Chi.
- 20 women were trained as 'Cancer Awareness Champions' delivering cancer safe messages
- 8 women trained in breast awareness in partnership with Breast Cancer Now
- 17 women attended Health Watch Consultation contributing to a greater understanding of barriers to BME women accessing health services.



Tracey's Story:

Tracey is 49 years old. She is classed as 'morbidly obese' and when she was referred by her GP to the Social Prescribing service at Zest she had just been diagnosed as Type 2 Diabetic. Tracey is unable to walk and experiences pains in her joints as a result of her weight. Tracey was aware that she needed to make some lifestyle changes to both lose weight and control her diabetes.

Tracey was referred to Nighat, a Health Trainer at Zest. They met regularly and together agreed a tailored programme for Tracey initially focusing on food and healthy eating. Within a short period of time Tracey had lost 3kg, however she wanted to do more and be more physically active.

Nighat helped Tracey to set SMART goals to work on her physical fitness. They arranged their next meeting at Hillsborough park and Tracey managed to walk holding her wheelchair with her husband and Nighat walking beside her. This support gave her confidence to walk over 500 yards, she felt very proud of herself. She further progressed to walking over double this and even managed to get herself out of the car and walk around IKEA (not all!). Tracey felt like she had a new lease of life because her legs were getting stronger.

Tracey says:

"The Health Trainer service is amazing, I could not have done this without them. Thank you for your support and motivation. I cannot believe I have reversed my diabetes YES! YES! YES!"

Nighat says:

"Tracey has shown immense motivation, commitment, enthusiasm and a willingness to change which in turn has enabled her to bring unbelievable changes to her lifestyle. These range from educating herself about food, eating more of the correct foods/ learning about portion size, improving her water consumption, reducing fatty foods and most importantly has managed to reverse her diabetes and become physically active. This is a huge accomplishment."



Looking ahead.

2020 will be an especially exciting year for the Zest Health and Wellness team with the full implementation of the Live Lighter Sheffield programme. Our sights are firmly set on developing stronger links with our local health partners to deliver holistic, person centred care for people in our community. This includes working with newly established Primary Care Networks in the north west of the city, to develop more responsive Mental Health Services, secure investment in social prescribing; and to establish a more integrated offer with our local GP practices.

We will also step up work with our third sector partners to ensure we are well placed to influence future city investment in prevention and early help.



Supporting children, young people & families.

Zest is acutely aware of the struggles of bringing up a family within a challenging local landscape, and where young people are often vulnerable to exploitation. This is a well-worn narrative. Our focus is on providing opportunities for young people and families to thrive, to create safe places and opportunities to engage and listen, build trust, develop understanding and facilitate new friendships. To provide equal opportunity for the young people in our community to have a bright and fulfilling future.

Our work is founded on 'early help'. Recognising the value of timely support and intervention. We provide support to the whole family and help children and parents bond, communicate better and learn together within a positive, supportive environment.

Zest activities give families the chance to make new friends, strengthen support networks and access activities that may have otherwise been beyond reach.

Our Youth service provides safe and trusted space to talk, learn and share, providing sports sessions, educational workshop, trips and exchanges.

Zest programmes are built on the principle of engaging and educating peers to deliver the training. This has shown to deliver maximum engagement and ensures the message spreads effectively throughout the community.



Young People's Smoke-free Service

Five children start smoking in Sheffield every day. Zest is commissioned by Sheffield City Council to deliver a range of preventative services to encourage young people to remain smoke-free. We also deliver a stop smoking service for under 18s who have started smoking and need help to stop.

We offer a whole-school approach to promote smoke-free as the norm including staff briefings, policy support, school prevalence evaluations, assemblies, corridor workshops, national campaigns, lessons, ACE days, attendance at events, in house quit support and an ASDAN certificated Peer Support Programme. In 2019:

- The Zest children and young people's stop smoking service received 71 referrals in the year from April 2018 to March 2019.
- The team delivered the Smoke-Free Peer Supporter programme in six secondary schools, training 65 young people as peer supporters.

"The training was fun and young person-friendly, the trainers were really fun & nice and we couldn't ask for anyone better"

Aimi, age 14
High Storms School



"I feel that this training has increased my confidence enough for me to be able to talk about the effects of smoking, I loved the course!"

Louis, age 13,
Sheffield Park Academy



Smokefree Sheffield

We are the smokefree generation

smokefreegeneration.co.uk

Free, confidential advice and support

18 or Under
smokefree@zestcommunity.co.uk

Over 18
sheffieldstopsmoking@nhs.net

zest
NHS
Yorkshire
Smokefree Service

-KADEN, 12

Primary Age Support

Many of the families in the community have limited access to activities and resources for their children. Support has been lacking particularly for older children, approaching secondary school age, who benefit from guidance and early prevention work.

Zest offers a range of free educational, active and fun activities, in coordination with local Sheffield Universities. This includes the following free activities to help parents in our community:

- Four weekly after school clubs during term time
- Twice daily school holiday activities
- Free breakfast and lunches throughout school holidays for children who would usually receive free school meals
- Weekly homework club and educational support sessions
- Support for the local Tenants & Residents Association and community groups



"We really enjoyed the sessions and it gave the children something creative, active, interesting and educational to do over the holiday without costing too much."

Anon

Parent of child attending holiday activities

"The Zest programme introduced my little boy to the world of competition and 'self-survival' together with an understanding of the importance of teamwork and co-operation"

Sherona Hoang,

mother of Zebedee aged 4.

Early Years Support

Free Early Years places in this part of the city and beyond have reduced. This means that there have been reduced opportunities for under-fives to develop their social skills and learning, and fewer opportunities for parents to find much-needed support and advice.

Zest provide volunteer co-ordination to the SCC Empowering Parents, Empowering Community Project. This project is city-wide, giving parent volunteers the tools to deliver workshops to other parents, providing support on general parenting and parental conflict.



Empowering Parents, Empowering Communities (EPEC) is a proven method of prevention and early intervention that helps children and families get the very best start in life. EPEC parenting courses are led by local parent facilitators who have completed accredited EPEC training and receive ongoing training, supervision and support from parenting specialists. In 2019 Zest co-ordinated - 16 volunteers who are now delivering the workshops to other parents citywide.



In 2019, the Zest Young People & Families Team helped:

500+ 0-11 children and their families supported through Zest programmes

167 11+ individuals supported through the Zest youth service

86% of children engaged were from the BME community

102 have been trained to become volunteers in the Young People and Families Team programme



Daisy's Story

Daisy is from Yemen and had lived in the UK from a young age, but had struggled to communicate and socialise with people from other ethnicities due to a language barrier with the effect that she had lost confidence and hope in moving forward.

At 17 Daisy was introduced to Zest. During this time she struggled to find the right career path with no idea where to look for help. Our teams were able to speak and communicate with Daisy every week giving her guidance and support.

Daisy's growing confidence helped recruit peers into the youth project. Daisy was then allowed the opportunity to join as a volunteer to increase her skills and experience.

Daisy is now employed as a member of the staff team bringing her determination, enthusiasm and communication skills to the local community. Through her role as a Youth Worker, Daisy's self-esteem has grown considerably. In addition she became more comfortable with speaking in English.

"Attending and working for Zest has allowed me to the opportunity to communicate with different types of people in the community and to be more open-minded when working with different groups of young people. I am having a great experience working with the youth club as I have become much more confident in socialising, as I found this to be a weakness of mine. I believe the youth club has empowered me to make positive choices in my life and has shaped me into the woman that I am today".



Looking ahead.

In the year ahead we will be aiming to stabilise and secure our local provision with three exciting projects:

1. A successful bid to Children in Need will see us roll out a three-year youth programme centered on ensuring young people: feel more self-confident and resilient; improve their skills; find a stronger voice and feel safer in their community.
2. We will also be seeking lottery investment for our 'This Community Can' project. This will provide a more focused reach to reduce levels of social isolation in targeted communities.
3. We will reach out and engage a new and diverse group of residents to become community members of Zest, improving Zest's community participation and accountability.

At a city level, we will be playing a key partner role in an emerging citywide network known as SY:NC made up of locally rooted youth providers working to ensure there is the right support at the right time to reduce youth exploitation in our communities. A model will be developed during 2019/20 to seek more long term investment.



Providing a friendly space to keep fit.

The Zest Centre continues to offer a truly unique space where the whole community can learn, relax and keep fit. The recently refurbished indoor pool and gym offer truly inclusive and welcoming leisure services at an affordable price to ensure it is accessible to all. Facilities critically include a women-only gym. The changing facilities have also benefitted from a £30k investment in 2019 courtesy of our generous partners at Veolia.

At Zest, we are keen that all our community needs are met. Swimming sessions including, disability swim sessions, women-only swim sessions and cardiac rehabilitation classes. As a member of the Sheffield Physical Activity Referral Scheme (SPARS) Zest also offers tailored exercise and advice for people with a range of complex health conditions. This includes a supported gym programme, rehabilitation circuits and Pilates.

The Zest Discount Scheme offers those who are disabled, on income-related benefits or over age 65/under 16 a reduction of 30% on entry to the pool for an annual fee of just £3.

In 2019, the Zest Community Centre welcomed:

42K visits to our swimming pool
22K visits to our gym
19K visits to our swimming lessons
550 children learnt to swim
577 new leisure members

Interestingly:

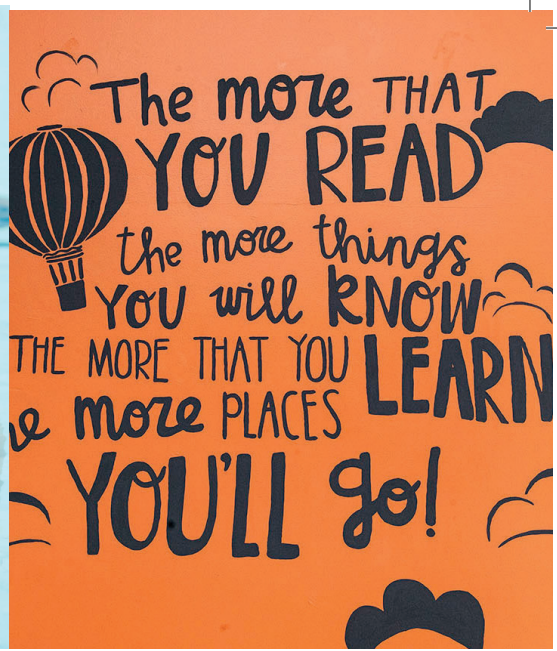
62% of the new members were female
35% of the new members were from the BME community
11% of the new members told us that they have a disability

What do our exercise referral clients think?

"I enjoy it every time I come to the gym, there are different options for me such as women-only gym and mixed gym, plus it's a lovely environment."

"Coming to Zest makes me feel better, feel fitter and part of a community. I love it!"

"With it being a quiet and small facility it helps build up confidence in exercise. The exercise has helped me both physically and mentally."



Providing a community library for all.

The Zest Community Library is kindly supported by Sheffield City Council as part of their city-wide Libraries Network. It is run on a day-to-day basis by a team of dedicated Zest volunteers. Our community library is one of the busiest and best used in the city with some outstanding statistics, reflecting our diverse communities appetite to learn. An appetite which grows ever stronger.

In 2019, our children's library was given an exciting facelift. New spaces were launched to promote families reading together. This has been exceptionally well received and links perfectly with our families initiatives.

In 2019, the Zest Community Library proudly boasted:

- 31 volunteers to help run the library
- 3000 active library members
- 11 free activity sessions every week
- The third highest adult book loan rate in Sheffield voluntary libraries
- The second highest children's book loan rate in Sheffield voluntary libraries
- The highest local library IT suite usage in the city

Looking ahead.

Zest will continue to provide an accessible, stimulating and safe space for everyone in the community.

In 2020, we plan to invest in the library ICT suite and host more events and groups within our inspirational space. None of this is possible without our team of dedicated volunteers who we will support and invest in the year(s) ahead.

As funding pressures continue, we will have a priority focus on securing a new longer-term lease arrangement for the Zest Centre with:

- A. A capital development plan to lever investment
- B. Associated revenue business planning to help ensure we have a viable and fit for purpose building and service offering going forward.



Work with us.

There are lots of different ways to engage with us:

①

Become a volunteer. Share your knowledge, meet new people and support the community!

2

Become a community member or trustee to support and influence our work!

3.

Work in partnership with us to develop new ideas and projects.

Please get in touch.

Check our website for more information:
www.zestcommunity.co.uk

Zest Centre, 18 Upperthorpe,
Sheffield, S6 3NA



A huge “Thank You” to all our partners.
Your support is very much appreciated
and gives life to Zest.

